

COMPENDIUM



UIAC- UTTHAAN I&A E-Magazine Volumes 1 to 9 (2020-2024)



Milestone of the UIAC UTTHAAN GGSIP UNIVERSITY Dwarka (2020-2024)

Released on 3rd Dec 2024-International Day of Persons with Disabilities
-UIAC UTTHAAN



COMPENDIUM



UIAC- UTTHAAN I&A E-Magazine Volumes 1 to 9 (2020-2024)

Key Highlights

Being Released on 3rd December 2024 (International Day of Persons with Disabilities) aligning with the Celebrations of the Silver Jubilee Year of Guru Gobind Singh Indraprastha University (GGSIPU). This initiative supports the Accessible India Campaign (Sugamya Bharat Abhiyan) of Government of India to advance inclusion and accessibility for all.

Released by:

Credits

Chief Patron: Prof (Dr) Mahesh Verma, Padma Shree Awardee,

Vice Chancellor, GGSIPU

Patron: Dr. Kamal Pathak, Registrar, GGSIPU

Editor-in-Chief: Prof (Dr) Shalini Garg, University Grievance Redressal Officer (Disability Matters) & Chairperson-University Inclusion and

Accessibility Cell (UIAC UTTHAAN), GGSIPU

Under the Chief Patronage of



Prof (Dr) Mahesh Verma

Padma Shree Awardee
Dr B.C. Roy Awardee
Vice Chancellor
Guru Gobind Singh Indraprastha University,
Dwarka New Delhi-110078

INDEX

| 1. | ABOUT: Guru Gobind Singh Indraprastha | 5-6 |
|-----|--|---------|
| | University | |
| 2. | ABOUT: University Inclusion & Accessibility | 7-8 |
| | Cell (UIAC UTTHAAN) | |
| 3. | ACKNOWLEDGMENTS Received for UIAC | 9-12 |
| | I&A E-Magazine from Diverse Quarters | |
| 4. | ABOUT THE COMPENDIUM | 13 |
| 5. | MESSAGE From Prof (Dr) Mahesh Verma, Vice | 14 |
| | Chancellor, GGSIPU | |
| 6. | MESSAGE From Dr. Kamal Pathak, Registrar, | 15 |
| | GGSIPU | |
| 7. | FROM THE EDITOR's DESK- Prof (Dr) Shalini | 16-17 |
| | Garg, Editor-in-Chief, I&A E-Magazine | |
| 8. | I&A e-Magazine 1: June-August 2020 | 18 |
| 9. | I&A e-Magazine 2 : September-November 2020 | onwards |
| 10. | I&A e-Magazine 3: January-March 2021 | |
| 11. | I&A e-Magazine 4: September-November 2021 | |
| 12. | I&A e-Magazine 5: January-March 2022 | |
| 13. | I&A e-Magazine 6: April-June 2022 | |
| 14. | I&A e-Magazine 7: August 2023 | |
| 15. | I&A e-Magazine 8: February 2024 | |
| 16. | I&A e-Magazine 9: 23rd September 2024 | |



GURU GOBIND SINGH INDRAPRASTHA UNIVERSITY



GURU GOBIND SINGH
INDRAPRASTHA UNIVERSITY
NEW DELHI

ABOUT: GURU GOBIND SINGH INDRAPRASTHA UNIVERSITY

Guru Gobind Singh Indraprastha University (GGSIPU) is the first University established in 1998 by Govt. of NCT of Delhi under the provisions of Guru Gobind Singh Indraprastha University Act, 1998 read with its Amendment in 1999 The University is recognized by University Grants Commission (UGC), India under section 12B of UGC Act.

The Guru Gobind Singh Indraprastha University has been Accredited with a CGPA of 3.56 on a seven-point scale at A++ Grade valid for a period of 7 years from 14-02-2023. It is a teaching and affiliating University with the explicit objective of facilitating and promoting "studies, research and extension work in emerging areas of higher education with focus on professional education, for example engineering, technology, management studies, medicine, pharmacy, nursing, education, law, etc. and also to achieve excellence in these and connected fields and other matters connected therewith or incidental thereto." In order to serve the broad purposes for which the University was established, it set out its statements of Vision, Mission and Quality Policy which read as thus:

VISION

"The University will stimulate both the hearts and minds of scholars, empower them to contribute to the welfare of society at large; train them to adopt themselves to the changing needs of the economy; advocate them for cultural leadership to ensure peace, harmony and prosperity for all."

MISSION

"Guru Gobind Singh Indraprastha University shall strive hard to provide a market oriented professional education to the student community of India in general and of Delhi in particular, with a view to serving the cause of higher education as well as to meet the needs of the Indian industries by promoting establishment of colleges and Schools of Studies as Centres of Excellence in emerging areas of education with focus on professional education in disciplines of engineering, technology, medicine, education, pharmacy, nursing, law, etc."

UNIVERSITY INCLUSION & ACCESSIBILITY CELL (UIAC UTTHAAN)



ABOUT: UNIVERSITY INCLUSION & ACCESSIBILITY CELL (UIAC UTTHAAN)

In 2021, Prof. (Dr.) Shalini Garg embarked on a mission to create a more inclusive and accessible environment within the university and beyond. With a vision that extended far beyond mere accreditation requirements, she established the *University Inclusion & Accessibility Committee* and proudly assumed the role of its Founding Chairperson. From the very beginning, this initiative was not just another higher education enabling unit. It was conceived with a broader purpose: to cater to the needs of persons with disabilities (PwDs) and to raise awareness among all stakeholders within the university and the neighboring community. It was about creating a culture of inclusivity and accessibility that transcended the typical metrics of accreditation bodies. Through her relentless dedication and a series of strategic initiatives, the Committee evolved into what is now known as the *University Inclusion & Accessibility Cell (UIAC-UTTHAAN)*.

This transformation marked the beginning of a journey characterized by a series of impactful events and programs designed to foster inclusivity and community engagement. Under the leadership of Dr. Shalini Garg, UIAC UTTHAAN has been at the forefront of organizing and participating in a multitude of in-house, regional, and national events. These include discourses, sensitization programs, workshops, and outreach initiatives, all aimed at promoting disability inclusion and accessibility. Notably, UIAC launched the 1st & 2nd Basic Certificate Course on Sign Language in collaboration with ISLRTC New Delhi under the Quantifiable Outcomes of NEP 2020. She led a Two-Day I&A Summit on 20th & 21st March 2023, featuring the launch of the ISL Course, raising Down Syndrome awareness through a marathon, a musical performance by Flowing Karma (India's 1st Band on wheels), and culinary skills showcase by visually impaired women from NAB India Centre for Blind Women & Disability Studies. The cell actively celebrates events like the First of its kind two series of Disability Awareness Week (25th Sept 2024 to 27th Sept 2024) (Sept 26th to Sept 30th 2022), One day Sports meet for Persons with Disabilities in Sept 2023 & 2024, International Day of Persons with Disability (3rd Dec 2022), and World Braille Day (4th Jan 2023), engaging in lectures, exhibitions, and sports meets to raise awareness about inclusivity and accessibility.

One of the key strategies employed by UIAC UTTHAAN has been the regular circulation of awareness information through handouts and pamphlets. This effort has effectively raised awareness about inclusivity within the university and the broader community, ensuring that the message of accessibility reaches far and wide.

ACKNOWLEDGMENTS RECEIVED FOR UIAC I& A E-MAGAZINE FROM DIVERSE QUARTERS

Letter from the Shri. Guruprasad Pawaskar, State Commissioner for Persons with Disabilities, O/o State Commissioner for PwDs, Goa



OFFICE OF THE STATE COMMISSIONER FOR PERSONS WITH DISABILITIES.

GOVERNMENT OF GOA

ADD: 1st FLOOR, BUILDING 'B', NEW MARKET COMPLEX,
GOA HOUSING BOARD, PORVORIM GOA

Email Id: dis-comm.goo/agov.in

Website- scpwd.goa.gov.in Phone No. 9156321900

No. Comm-Pwd/IPFG-24/2023-24/1355

Date: 024/01/2024

Appreciation Letter

To,
Dr. Shalini Garg
Professor-Management
Editor-In-Chief (l&A E-Magazine)
Chairperson, University Inclusion & Accessibility Cell (UIAC)
University Grievance Redressal Officer (Nodal Officer - Disability Matters)
Guru Gobind Singh Indraprastha University (GGSIPU)
Dwarka, New Delhi

Dear Dr. Shalini Garg,

I am writing to extend my heartfelt congratulations and commendation for your unwavering dedication to promoting Disability Inclusion and fostering inclusive and accessible workplaces.

Your tireless efforts in aligning with the initiatives of Office of the State Commissioner for Persons with Disabilities in Goa have not only heightened awareness within the community but have also played a crucial role in educating students, faculty, and society at large.

In acknowledgment of your significant efforts, we are pleased to present this letter as a token of appreciation.

Best Wishes for your continued dedication.

O/o the State Commissioner for Persons with Disabilities Porvorim - Goa (Guruprasad R. Pawaskar)
State Commissioner for Persons with Disabilities
O/o State Commissioner for PwDs

Yours Faithfully

Letter from Dr. Deepa Malik, Khel Ratna, Padma Shri, Arjuna Awardee, Paralympian, President of the Paralympic Committee of India

Dr. (h.c) Deepa Malik

Rio 2016 Paralympics Medallist, PadmaShri, Khel Ratna Awardee, President, Paralympic Committee of India



01/DO/Nov/DM/PCI

24 November 2021

University School of Management Studies Guru Gobind Singh Indraprastha University Delhi

BEST WISHES FOR THE 4TH ISSUE OF 'INCLUSION & ACCESSIBILITY' E-MAGAZINE

I feel immense pleasure in conveying my best wishes to the University School of Management Studies of Guru Gobind Singh Indraprastha University, Delhi for releasing their fourth issue of 'Inclusion & Accessibility' e-Magazine (December 2021 - March 2022). I express my compliments to all the dedicated members for their valuable efforts in bringing out this special issue focusing on Adaptive Sports. Our para-athletes have been performing wonderfully and bringing home accolades in the international sports arena and we all should celebrate them. This e-magazine is one of the ways of paying our respect as well as celebrating the success of our hardworking para-athletes. I wish the release of this volume a grand success and I hope that it helps in spreading awareness regarding disability sports so that more and more persons with disabilities could find the strength to participate in different sports and bring laurels to India.



Dr. (h.c.) Deepa Malik Padma Shri, Khel Ratna & Arjuna Awardee President – Paralympic Committee of India

PARALYMPIC COMMITTEE OF INDIA Affiliated Member of : IPC Germany, APC UAE, IWAS UK

Head Office:

Jaisalmer House, 26, Mansingh Road, New Delhi - 110011, INDIA Contact Details: +91 95827 16010 011-23075126 /226 Email: presidentpcideepa@gmail.com Twitter: @deepaathlete Facebook: @officialdeepamalik Instagram: @deepa_paralympian

Letter from Sh. Satish K. Sarhadi, Director, Sports Authority of India







बोत्रीयकेन्द्र, न्यू फिल्ड म्योर्टम परिमा, मीहम्मद आह रोड, पल्टन बाजार, मुवाहारी - 781 008

Regional Centre, New Field Sports Complex, Md. Shah Road, Paltan Bazar, Guwahati-

MESSAGE

I am glad to learn that the I & A e-Magazine editorial team from University School of Management Studies (USMS) Guru Gobind Singh Indraprastha University (GGSIPU), Delhi is publishing the fourth issue of its 'Inclusion & Accessibility' e-Magazine (December 2021 - March 2022) on the theme "ADAPTIVE SPORTS: LEVELLING PLAYING FIELD FOR ALL"

I am confident that by such initiatives there will be a larger awareness among the masses for participation in sports from across various walks of lives. The Persons With Disabilities in Sports have made India proud at Tokyo Paralympics - 2020 and there is a long way to go for achieving new heights. My best wishes to the Inclusion & Accessibility e- Magazine Editorial team for the new issue Vol. 4 (Dec 2021-March 2022) and wish that the Team of Sports will achieve the vision of making our sports places more accessible and inclusive for all human mankind.

(Satish Kumar Sarhadi) Director

ABOUT THE COMPENDIUM

The UIAC-UTTHAAN Inclusion & Accessibility Compendium (2020–2024) is a monumental achievement, an anthology comprising Volumes 1 to 9 of the UIAC Inclusion & Accessibility (I&A) E-Magazine. This landmark collection stands as an enduring testament to the unwavering dedication of UIAC UTTHAAN in advancing Diversity, Equity, and Inclusion (DEI) while aligning with the global aspirations of Sustainable Development Goals (SDG) 2030.

This milestone marks a proud chapter in the history of Guru Gobind Singh Indraprastha University, solidifying its commitment to Disability Inclusion & Accessibility. This pioneering initiative, proudly supporting the *Accessible India Campaign (Sugamya Bharat Abhiyan)* launched by the Government of India and has been instrumental in promoting Disability inclusion and accessibility for all, setting a benchmark in higher education.

Born amidst the unprecedented global challenges of the COVID-19 pandemic, the I&A E-Magazine emerged as a beacon of hope and progress under the Chief Patronage of Hon'ble Vice Chancellor Prof. Mahesh Verma and Editorship of Prof. (Dr.) Shalini Garg (Founding and Current *Editor-in-Chief, I&A E-Magazine*). This initiative was a bold, transformative step toward embedding Disability Inclusion and Accessibility into the very fabric of society through the powerful platform of Higher Education.

Each volume of the *I&A E-Magazine* is a treasure trove of real-life narratives, meticulously curated to amplify the voices of persons with disabilities through impactful interviews with disability champions, thought leaders, and esteemed disability experts. These editions provide profound insights into the lived experiences of the disabled community, illuminating their triumphs and challenges with utmost sincerity. The *I&A E-Magazine* has also celebrated the tireless and commendable efforts of NGOs and changemakers, showcasing their unwavering commitment and relentless pursuit of an accessible and equitable world for all.

Recognized and highly appreciated by distinguished government bodies, such as the State Commissioner for Persons with Disabilities (Goa and Delhi), respected university officials, and prominent disability experts, the *I&A E-Magazine* has evolved into a flagship initiative of UIAC UTTHAAN. Each volume has not only enriched the readers' understanding and perspective but has also fortified the bonds within the disability community and its allies, fostering a spirit of unity and shared purpose.

The Compendium encapsulates the extraordinary journey of the past four years, chronicling the inception and evolution of the I&A E-Magazine into a powerful tool for change as it stands as a unified resource, inspiring action, celebrating resilience, and fostering a shared vision of disability inclusion.

A must-read for educators, students, researchers, policymakers, DEI advocates, and anyone committed to advancing Disability Inclusion & Accessibility and Empowerment of PwDs. This Compendium is not merely a collection of volumes—it is a legacy of pride, perseverance, and purpose that will continue to inspire for generations to come.

MESSAGE FROM PROF (DR) MAHESH VERMA

Padma Shree Awardee Dr B.C. Roy Awardee VICE CHANCELLOR, GGSIPU

Prof. (Dr.) Mahesh Verma

MDS. MBA. PhD. FDSRCS (Eng), FDSRCS (Edin) FDS RCPSG (Glas)

Vice Chancellor

Padma Shri Awardes Dr. B. C. Roy Awardee National Science & Technology Awardee



ग्रु गोबिन्द सिंह इन्द्रप्रस्थ विश्वविद्यालय

सेक्टर - १६ सी, द्वारका, नई दिल्ली - ११००७ =

Guru Gobind Singh Indraprastha University Sector - 16 C, Dwarka, New Delhi - 110078

: 011-2530 2104, 2530 2105

: 011-2803 5243 Fax

E-mail: drvermamahesh@gmail.com, vc@lpu.ac.ln,

dpmaids@gmail.com

Web : www.ipu.ac.in

2nd Dec, 2024



I am happy to note that the University Inclusion and Accessibility Cell (UIAC UTTHAAN) is celebrating the International Day of Persons with Disabilities on 3rd December, 2024 and releasing the UIAC E-Magazine Compendium on this occasion. The UN theme for this year is 'Amplifying the Leadership of persons with Disabilities for an Inclusive and Sustainable future'.

Such endeavours bring a unique perspective and contribute to society in its own unique ways. We need to recognise that persons with special abilities have as much a role to play in society and larger development. Disability is not a limitation but a part of human diversity. Every individual has unique abilities and talents that, when embraced and nurtured, contribute to the richness of our society. It is our collective responsibility to create an environment where everyone can thrive, irrespective of physical or mental Limitations.

I encourage all of you to take this day as an opportunity to reflect on how we can further promote inclusion. Let us continue to work towards a society where differences are celebrated, and everyone has the chance to succeed. Together, we can create a world that is truly inclusive and equitable for all.

I send my best wishes for UIAC UTTHAAN and its continuted activities.

Prof. (Dr.) Mahesh Verma

aheshrorma

MESSAGE FROM DR. KAMAL PATHAK REGISTRAR, GGSIPU



I am delighted to announce that *University Inclusion & Accessibility Cell (UIAC-UTTHAAN)* of Guru Gobind Singh Indraprastha University (GGSIPU), Delhi, is publishing the Compendium of its '*Inclusion & Accessibility' e- Magazine (Volume 1 to Volume 9)*.

My best wishes go out to the dedicated editorial team on this occasion.

I wish the release of the Compendium of 'Inclusion & Accessibility' e-Magazine (2020-2024) a grand success.

Warm regards, **Dr. Kamal Pathak** *Registrar, GGSIPU*

FROM THE EDITOR'S DESK



Namaskar!

The release of this UIAC-UTTHAAN Inclusion Accessibility Compendium (2020-2024) is a moment of immense pride and fulfilment, marking the journey of a dream that began with a passion to create meaningful change through the promotion of Inclusion Disability and Accessibility. the During challenging days of the COVID-19 pandemic, when the world

grappled with uncertainty, a small yet powerful idea was born—an idea to build a platform that would champion the values of inclusion and accessibility through the realm of higher education.

This vision found its strongest pillar of support in our esteemed Vice Chancellor, **Prof (Dr) Mahesh Verma**, whose dynamic encouragement transformed the dream into reality. Under his guidance, the first volume of the *Inclusion & Accessibility (I&A) E-Magazine* was launched, accompanied by a pioneering webinar that sparked meaningful discussions on disability inclusion.

What started as a humble initiative quickly grew in momentum. From being a concept driven by a passionate committee, UIAC-UTTHAAN evolved into a full-fledged cell, steadfast in its mission to amplify the voices of persons with disabilities, celebrate their triumphs, and inspire actionable change. The magazine, which began as a quarterly publication, soon matured into a bi-annual powerhouse of stories, ideas, and advocacy.

Today, we stand at a defining moment in this journey with the release of the *UIAC-UTTHAAN Inclusion & Accessibility Compendium (2020-2024)*, a comprehensive anthology of nine volumes. This milestone is

a testament to the unwavering dedication, hard work, and collective vision of the **University Fraternity** and the **UIAC-UTTHAAN team**. The compendium reflects the transformative power of passion and collaboration, celebrating the progress made while igniting hope for the future. It is but the first of many milestones to come as we continue to dream, aspire, and work toward building an equitable and inclusive society through the realm of higher education.

It is particularly momentous that this compendium is being unveiled on the occasion of the *International Day of Persons with Disabilities*, reinforcing our commitment to building a world where accessibility and inclusion are not just ideals but realities.

This is just the beginning of an enduring journey—an unwavering dedication to deepening and fortifying my commitment to Disability Inclusion and Accessibility. The essence of this pursuit is beautifully captured in the powerful words of Swami Vivekananda:

"Arise, awake, and stop not till the goal is reached."

— Swami Vivekananda

Warm regards,

Prof (Dr) Shalini Garg

Editor-in-Chief, I&A E-Magazine

University Grievance Redressal Officer (Disability Matters)

Chairperson-University Inclusion and Accessibility Cell

(UIAC UTTHAAN), GGSIPU